

CRYO<sup>SPACE</sup>



**THE COOLEST**  
PLACE ON EARTH

# TECHNICAL DATA

- ① Cryogenic temperatures down to  $-195^{\circ}\text{C}$
- ② Duration of treatment between 30 and 180 seconds.
- ③ Operation via touchscreen.
- ④ Plug and Play  
(required power supply: 220–240 V).
- ⑤ Invention patent pending.
- ⑥ Automatic extraction of nitrogen vapors from the cabin.
- ⑦ Spaciousness of equipment interior provides plenty of space for movement.
- ⑧ Mobility of the equipment thanks to built-in wheels.
- ⑨ Optional color selection for the interior and exterior (individual lacquering available on request).
- ⑩ Optional LED lighting.

**TESTED IN CERTIFIED  
LABORATORIES  
(CLIMATIC CHAMBER)**





# MEDICINE

## **Accelerates recovery and regeneration processes.**

Treatment up to three minutes facilitates the following physiological and psychological healing processes in the body:

- Activation of hormone production (mood elevation, enhanced sleeping quality and energy budget, activation of libido, reduction of anxiety disorders and motoric hyperactivity),
- Positive impact on mental disorders (e.g. depression),
- Increase of testosterone level in men (with concurrent positive reduction of estrogens),
- Improvement of the immune system,
- Positive impact on autoimmune disorders,
- Reduction of cholesterol level (significant reduction of LDL/increase of HDL),
- Pain relief, anti-inflammatory effect and anti-swelling effect,
- Enhances the effect of many orthopedic therapies (e.g. for rheumatism, back pain, and many more),
- Accelerates recovery and regeneration processes after overloads and injuries,
- Facilitates the rejuvenation process and tissue recovery (increased collagen production).

Hence, the whole-body cryotherapy is the first choice of non-invasive therapy solutions worldwide

CryoSpace® Med has obtained medical certification by TÜV Rheinland, thus guaranteeing the highest safety level for the user and enabling medical use in clinics, rehab clinics, doctor's offices, physiotherapy practices, and many more.



# PERFORMANCE

## **To increase physical and intellectual performance.**

With whole-body cryotherapy, you increase physical and mental performance and simultaneously reduce the risk of injury.

Through whole-body treatments, you reach all muscle function chains. Peak performance can only be reached without injury if fascial stability and dynamics prevail throughout the entire musculoskeletal system.

Treatment up to three minutes facilitates the following physiological and psychological processes in the body having an impact on performance:

- Improvement of the cognitive and physiological provision of performance,
- Accelerates recovery and regeneration processes after overloads and injuries (also of the fasciae),
- Facilitates therapies to reduce hypertension in the muscular system,
- Increases the energy level and improves sleep quality,
- Pain relief with concomitant anti-inflammatory effect (analgesic effect and anti-swelling effect),
- Increase of serum beta-endorphins, noradrenalin, adrenalin and testosterone,
- Increase of testosterone level in men (with concurrent positive reduction of estrogens),
- Improvement of immune system activity,
- Can lead to a reduction of performance-related "fear of failure" at the crucial moment,
- Positive anti-oxidative effect on the whole body, thus preventing overacidification.

Conceptualized by entrepreneur brothers Adrian Brzozka (several times Polish champion) and Piotr Brzozka (Olympic athlete, two-time vice world champion and several times Polish champion) for maximum performance in sports and business.





# WELLNESS

## **For a better quality of life.**

Treatment up to three minutes facilitates the following physiological and psychological processes in the body:

- Positive anti-aging effect through rejuvenation processes and tissue recovery
- Increased collagen production for a noticeably smoother and firmer skin
- Positive effect on problematic areas (e.g. with cellulite, acne, and many more)
- Activation of hormone production and boost of metabolism
- Increase of energy level
- Weight reduction through increased caloric requirements
- Increase of testosterone level (in men)
- Release of endorphins, mood elevation and boost of well-being
- Positive impact on mental disorders
- Improvement of falling asleep and sleep quality
- Activation of libido
- Improvement of immune system activity

Make use of your body's natural reactions to extreme, short-time cooling – for your well-being!





You will find further  
information and videos  
on the product at:

[www.cryospace.eu](http://www.cryospace.eu)

International Sales:

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