


# CRYO<sup>®</sup>SPACE

*cold natural beauty*



**THE COOLEST**  
PLACE ON EARTH





*Take advantage  
of the natural body response  
to a short-lasting, extreme cold  
**for your beauty!***

*The list of facilities available on the website [cryospace.eu/en/locations](https://cryospace.eu/en/locations)*

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# A whole body cryotherapy

*involves a brief exposure of the whole body to extremely cold and dry vapour. This short incentive allows for numerous benefits through strong body stimulation.*

- **Anti-aging effect** – rejuvenation and tissue regeneration
- Collagen production increase
- Reduction of cellulite and acne
- Acceleration of daily metabolism by up to 400 kcal
- Weight reduction
- Improvement of the wellbeing – **the effect is perceptible already after the first treatment**
- Increased libido
- Anti-depressive effect via the release of endorphins
- Detoxication of the body



TREATMENT  
TIME



**60-180 sec.**

OPTIMAL CRYOGENIC  
TEMPERATURES



**down to -195°C**

TREATMENT  
INTENSITY



**matched to  
the treatment objectives**

# Smooth and firm skin

– effects confirmed by clinical trials.



**91% OF USERS NOTICED  
MOOD IMPROVEMENT**



**VISIBLE PERFECTION  
OF THE SILHOUETTE**



**MORE AWARENESS  
OF CRYOTHERAPY  
POSITIVE EFFECTS**

Beauty loves cold!

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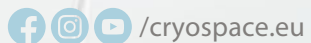
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