

CRYO^{SPACE}



Faster recovery

Anti-aging

Pain relief

Rehabilitation support

ONE
SESSION

2-3 MIN.

ONCE A DAY



CRYOTHERAPY

THE COOLEST PLACE ON EARTH

www.cryospace.eu



MEDICINE

Accelerates recovery and regeneration processes.

- Improves immunology
- Supports rehabilitation
- Helps with blood circulation
- Anti-inflammatory & anti-swelling effect
- Positively influences treatment of rheumatological, neurological, dermatological and cardiological diseases

PERFORMANCE



To increase physical and intellectual performance.

- Improves sports performance
- Boosts hormone level
- Accelerates recovery
- Eliminates the results of training overload



WELLNESS

For a better quality of life.

- Improves mood
- Boosts metabolism
- Contributes to recovery of cells
- Regenerates tissue
- Positively effects the skin quality
- Influences cellulite reduction

BEST RESULTS AFTER: 4-5 sessions/week & 20 sessions/month

pain relief during rehabilitation

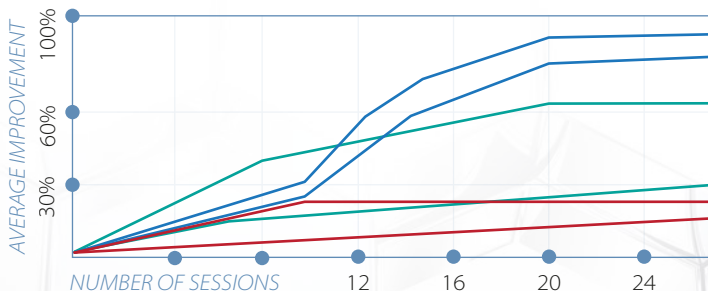
in post traumatic state **63,8%**
in fibromalgia **25%**

improve performance in sports

improves suppleness **23%**
increase power (FTP, in watts) **13%**

mood improvement

sleep disorders **91%**
headaches **80%**



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