

# CRYO<sup>®</sup>SPACE



Faster recovery

Anti-aging

Pain relief

Rehabilitation support

ONE  
SESSION

**2-3 MIN.**  
ONCE A DAY



CRYOTHERAPY

**THE COOLEST** PLACE ON EARTH

[www.cryospace.eu](http://www.cryospace.eu)



## MEDICINE

**Accelerates recovery and regeneration processes.**

- Improves immunology
- Supports rehabilitation
- Helps with blood circulation
- Anti-inflammatory & anti-swelling effect
- Positively influences treatment of rheumatological, neurological, dermatological and cardiological diseases

## PERFORMANCE



**To increase physical and intellectual performance.**

- Improves sports performance
- Boosts hormone level
- Accelerates recovery
- Eliminates the results of training overload



## WELLNESS

**For a better quality of life.**

- Improves mood
- Boosts metabolism
- Contributes to recovery of cells
- Regenerates tissue
- Positively effects the skin quality
- Influences cellulite reduction

## BEST RESULTS AFTER: 4-5 sessions/week & 20 sessions/month

### pain relief during rehabilitation

in post traumatic state ..... **63,8%**

in fibromyalgia ..... **25%**

### improve performance in sports

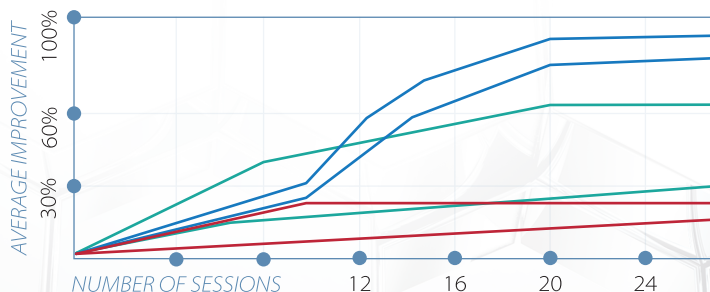
improves suppleness ..... **23%**

increase power (FTP, in watts) ..... **13%**

### mood improvement

sleep disorders ..... **91%**

headaches ..... **80%**



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